

# Rotherham School Meals

## Three Choice Menu – Chilled Choice

From November 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Pasta Bolognese (H/M)	Chicken Enchilada (H/M)	Burger in a Bun	Roast Chicken with Sage & Onion Stuffing	Fish Fingers
<b>1</b>	Jacket Potato with a Selection of Fillings	French Bread Pizza (V)	Salmon Fishcake (H/M)	Quorn Tortilla Layer (H/M)(V)	Jacket Potato with a Selection of Fillings
<b>07/11/16</b>	Chilled Choice	Chilled Choice	Chilled Choice	Chilled Choice	Chilled Choice
<b>28/11/16</b>	Garlic Bread	Seasoned Potato Wedges	Diced Potatoes	Roast / Creamed Potatoes	Chips
<b>02/01/17</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>23/01/17</b>	Chocolate Orange Sponge & Chocolate Sauce	Marble Sponge & Custard	Cornflake Tart & Custard	Jam Roly Poly & Custard	Sticky Ginger Slice & Custard
<b>13/02/17</b>	Strawberry Mousse	Ice Cream & Fruit Wedges	Muffin	Cookie & Milk	Iced Finger
<b>13/03/17</b>					
<b>03/04/17</b>					
<b>WEEK 2</b>	Savoury Mince & Dumplings (H/M)	Italian Chicken Pasta (H/M)	Chicken Curry with Naan Bread	Roast Pork with Sage & Onion Stuffing	Harry Ramsden's Battered Fish
<b>2</b>	Jacket Potato with a Selection of Fillings	Cheese & Tomato Pizza (V)	Cheese Flan (H/M)(V)	Jacket Potato with a Selection of Fillings	Quorn Bolognese (H/M)(V)
<b>14/11/16</b>	Chilled Choice	Chilled Choice	Chilled Choice	Chilled Choice	Chilled Choice
<b>05/12/16</b>	Creamed Potatoes	Seasoned Potato Wedges Garlic Bread	Diced Potatoes Boiled Rice	Roast / Creamed Potatoes	Chips Garlic Bread
<b>09/01/17</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>30/01/17</b>	Lemon Drizzle Cake & Custard	Bakewell Tart & Custard	Iced Sponge & Custard	Fruit Crumble & Custard	Banoffee Slice & Custard
<b>27/02/17</b>	Cookie & Juice	Fruit Sundae	Chocolate Mousse	Australian Crunch	Rice Crispy Bun & Milk
<b>20/03/17</b>					
<b>WEEK 3</b>	Lasagne (H/M)	Sausage & Yorkshire Pudding	Cottage Pie (H/M)	Roast Gammon with Pineapple	Fish Goujons
<b>3</b>	Quorn Sausage & Bean Plait (V)	Jacket Potato with a Selection of Fillings	Vegetable Ravioli & Crusty Bread (V)	Cheese & Tomato Pizza (V)	Jacket Potato with a Selection of Fillings
<b>21/11/16</b>	Chilled Choice	Chilled Choice	Chilled Choice	Chilled Choice	Chilled Choice
<b>12/11/16</b>	Seasoned Potato Wedges	Roast Potatoes	Diced Potatoes	Roast / Creamed Potatoes	Chips
<b>16/01/17</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>06/02/17</b>	Jam Whirl & Custard	Flapjack & Custard	Lemon Shortcake & Custard	Toffee Apple Sponge & Custard	Chocolate Brownie & Custard
<b>06/03/17</b>	Pinwheel Biscuit & Milk	Chocolate Fudge Slice	Cupcake	Viennese Whirl & Juice	Fruit Jelly
<b>27/03/17</b>					

Salad, Fresh Fruit, Yoghurt and Milk are all available every day.

H/M – Homemade

V – Vegetarian

- All food oven baked (including potato products) wherever possible.
- Bread available daily without spread.
- All desserts are made on the premises.



## Dear Parent / Carer

Please find over leaf our menus starting in the Autumn Term 31st October through to 7th April 2017. Week commencing 31st October we will be participating in National School Meals Week to celebrate everything that is good about school food. This week will see a week of themed menus containing many of the children's favourite dishes. Menu week 1 will then commence on Monday 7th November.

These menus conform to the Revised School Food Standards that became law in January 2015. At Education Catering Services, we are committed to helping pupils develop healthy eating habits, and a school lunch provides many vital nutrients and vitamins that your child needs to grow physically and mentally.

A good quality balanced lunch will help your child concentrate during lessons, let off steam at play times and recharge their batteries for the afternoon. School is the ideal place to encourage children to eat healthier options, helping to prevent childhood obesity and other health problems in the future.

With a wide variety of foods provided, we are able to cater for a range of different tastes. We can cater for children with prescribed medical diets, formally diagnosed food allergies as well as cultural diets. Please contact your Operations Manager on the telephone number below to arrange a meeting.

The change to free meals for all infant pupils does not mean that claims for free meals from the benefits system should be ignored. If you are a parent/carer who is on low income or unemployed you may qualify for free meals, and it is important that you apply as your child's school will also receive money to assist with their education.

Applications can be made on-line or contact the Council's Revenue and benefits Section 01709 382121

We want all our children to enjoy their meals. Feedback about our lunches and service is essential to our development and your comments are welcome at

**Education Catering Services** on **01709 822312** or by email at: **[EducationCateringServices@rotherham.gov.uk](mailto:EducationCateringServices@rotherham.gov.uk)**

Regards

**Joanne Campbell**  
**Catering Operations Manager**



The launch of this new menu coincides with National School Meals Week during which school food providers across the country celebrate all that is good about School Food. Look out for a week of special theme days w/c 31 October 2016. Your new menu overleaf will then start week commencing 7th November.